

"You are far from the end of your journey.

The way is not in the sky.

The way is in the heart.

See how you love."

Buddha



MARCH 2018

Windhorse Yoga Studio



www.WindhorseYogaStudio.com

903-592-9642

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>WINDHORSE YOGA STUDIO IS CLOSING ON MARCH 31, 2018. <i>We thank our students and instructors for their support over the past 10 years - you have made our lives richer. We are grateful!</i></p> <p>➔10 CLASS CARD HOLDERS - PLEASE USE BEFORE MONTH END. ➔MONTHLY AUTODRAFTS - FINAL AUTODRAFT WAS ON 2/23/18</p>				<p>1</p> <p>10:30 a.m. Yoga - Alex ➔ 4:30 p.m. Barre - Ryann 6:00 p.m. Yoga Light – Michelle</p>	<p>2</p> <p>9:15 a.m. Barre - Ryann 10:30 a.m. Hatha - Ryann</p>	<p>3</p> <p>10:30 a.m. Gentle -Michelle 1:00 p.m. Gentle - Alex</p>
<p>4</p> <p>10:30 a.m. Gentle - Michelle 12:00 p.m. -12:45 p.m. Intro to Meditation - Pat 4:00 p.m. Gentle - Ryann</p>	<p>5</p> <p>10:30 a.m. Gentle – Ryann 4:30 p.m. Yoga Flow - Alex 6:00 p.m. Gentle – Susan</p>	<p>6</p> <p>10:30 a.m. Yoga - Alex 4:30 p.m. *Yoga Flow+- Kathy 6:00 p.m. Gentle Yoga– Stephine</p>	<p>7</p> <p>10:30 a.m. Gentle - Ryann 4:30 p.m. Yoga Flow -Alex 6:00 p.m. Beginner's - Susan</p>	<p>8</p> <p>10:30 a.m. Yoga - Alex ➔ 4:30 p.m. Barre - Ryann 6:00 p.m. Yoga Light – Michelle</p>	<p>9</p> <p>9:15 a.m. Barre - Ryann 10:30 a.m. Hatha - Ryann</p>	<p>10</p> <p>10:30 a.m. Gentle - Hayden 1:00 p.m. Yin Yoga - Ryann</p>
<p>11</p> <p>10:30 a.m. Gentle - Kathy 12:00 p.m. -12:45 p.m. Meditation Sangha *- Pat 4:00 p.m. Gentle - Alex</p>	<p>12</p> <p>10:30 a.m. Gentle – Ryann 4:30 p.m. Yoga Flow - Alex 6:00 p.m. Gentle – Susan</p>	<p>13</p> <p>10:30 a.m. Yoga - Alex 4:30 p.m. *Yoga Flow+- Kathy 6:00 p.m. Gentle Yoga –Michelle</p>	<p>14</p> <p>10:30 a.m. Gentle - Ryann 4:30 p.m. Yoga Flow - Alex 6:00 p.m. Beginner's - Susan</p>	<p>15</p> <p>10:30 a.m. Yoga - Alex ➔ 4:30 p.m. Barre - Ryann 6:00 p.m. Yoga Light – Ryann</p>	<p>16</p> <p>9:15 a.m. Barre - Ryann 10:30 a.m. Hatha - Ryann</p>	<p>17</p> <p>10:30 a.m. Gentle - Hayden 1:00 p.m. Yin Yoga - Ryann</p>
<p>18</p> <p>10:30 a.m. Gentle - Michelle 12:00 p.m. -12:45 p.m. Meditation Sangha *- Pat 4:00 p.m. Gentle - Alex</p>	<p>19</p> <p>10:30 a.m. Gentle – Ryann 4:30 p.m. Yoga Flow - Alex 6:00 p.m. Gentle – Susan</p>	<p>20</p> <p>10:30 a.m. Yoga - Alex 4:30 p.m. *Yoga Flow+- Ryann 6:00 p.m. Gentle Yoga– Michelle</p>	<p>21</p> <p>10:30 a.m. Gentle - Ryann 4:30 p.m. Yoga Flow - Alex 6:00 p.m. Beginner's - Susan</p>	<p>22</p> <p>10:30 a.m. Yoga - Alex ➔ 4:30 p.m. Barre - Ryann 6:00 p.m. Yoga Light – Ryann</p>	<p>23</p> <p>9:15 a.m. Barre - Ryann 10:30 a.m. Hatha - Ryann</p>	<p>24</p> <p>10:30 a.m. Gentle - Hayden 1:00 p.m. Yin Yoga - Ryann</p>
<p>25</p> <p>10:30 a.m. Gentle - Alex 4:00 p.m. Gentle - Alex</p>	<p>26</p> <p>10:30 a.m. Gentle – Ryann 4:30 p.m. Yoga Flow - Alex 6:00 p.m. Gentle – Susan</p>	<p>27</p> <p>10:30 a.m. Yoga - Alex 4:30 p.m. -CANCELLED 6:00 p.m. Gentle Yoga– Michelle</p>	<p>28</p> <p>10:30 a.m. Gentle - Ryann 4:30 p.m. Yoga Flow - Alex 6:00 p.m. Beginner's - Susan</p>	<p>29</p> <p>10:30 a.m. Yoga - Alex ➔ 4:30 p.m. Barre - Ryann 6:00 p.m. Yoga Light – Ryann</p>	<p>30</p> <p>9:15 a.m. Barre - Ryann 10:30 a.m. Hatha - Ryann</p>	<p>31</p> <p>10:30 a.m. Gentle - Hayden 1:00 p.m. Yin Yoga - Ryann STUDIO CLOSSES</p>

Classes start at scheduled time & door is locked for safety.

\$10.00 walk-in during the week and \$5.00 walk-in for week-end classes!