



DECEMBER 2017

Windhorse Yoga Studio



www.WindhorseYogaStudio.com
903-592-9642

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><i>As December 2017 brings our 10th year in business to a close, we take this opportunity to thank our students and instructors for their many years of support. May the new year bring you and your family blessings of love, peace and joy. Namasté ya'll.</i></p>						<p>1 9:00 a.m. Barre - Ryann 10:30 a.m. Hatha - Ryann</p>	
<p>3 10:30 a.m. Gentle - Michelle 12:00 p.m. -12:45 p.m. Intro to Meditation - Pat 4:00 p.m. Gentle - Alex</p>	<p>4 10:30 a.m. Gentle – Ryann 4:30 p.m. Yoga Flow - Alex 6:00 p.m. Gentle – Susan</p>	<p>5 10:30 -11:45 a.m. Yoga - Beverly 4:30 p.m. *Yoga Flow+- Kathy 6:00 p.m. Gentle Yoga–Stephine</p>	<p>6 9:00 a.m. Barre - Ryann 10:30 a.m. Gentle - Ryann 4:30 p.m. Yoga Flow -Alex 6:00 p.m. Beginner's - Susan</p>	<p>7 10:30 a.m. Yoga - Beverly 6:00 p.m. Yoga Light – Michelle</p>	<p>8 9:00 a.m. Barre - Ryann 10:30 a.m. Hatha - Ryann</p>	<p>9 10:30 a.m. Gentle - Hayden 1:00 p.m. Yin Yoga - Ryann</p>	
<p>10 10:30 a.m. Gentle - Kathy 12:00 p.m. -12:45 p.m. Meditation Sangha *- Pat 4:00 p.m. Gentle - Alex</p>	<p>11 10:30 a.m. Gentle – Ryann 4:30 p.m. Yoga Flow - Kathy 6:00 p.m. Gentle – Susan</p>	<p>12 10:30 -11:45 a.m. Yoga - Beverly 4:30 p.m. *Yoga Flow+- Kathy 6:00 p.m. Gentle Yoga –Michelle</p>	<p>13 9:00 a.m. Barre - Ryann 10:30 a.m. Gentle - Ryann 4:30 p.m. Yoga Flow - Alex 6:00 p.m. Beginner's - Susan</p>	<p>14 10:30 a.m. Yoga - Beverly 6:00 p.m. Yoga Light – Michelle</p>	<p>15 9:00 a.m. Barre - Ryann 10:30 a.m. Hatha - Ryann</p>	<p>16 10:30 a.m. Gentle - Hayden 1:00 p.m. Yin Yoga - Ryann</p>	
<p>17 10:30 a.m. Gentle - Michelle 12:00 p.m. -12:45 p.m. Meditation Sangha *- Pat 4:00 p.m. Gentle - Alex</p>	<p>18 10:30 a.m. Gentle – Ryann 4:30 p.m. Yoga Flow - Kathy 6:00 p.m. Gentle – Susan</p>	<p>19 10:30 -11:45 a.m. Yoga - Beverly 4:30 p.m. *Yoga Flow+- Kathy 6:00 p.m. Gentle Yoga– Kathy</p>	<p>20 9:00 a.m. Barre - Ryann 10:30 a.m. Gentle - Ryann 4:30 p.m. Yoga Flow - Alex 6:00 p.m. Beginner's - Susan</p>	<p>21 10:30 a.m. Yoga - Beverly 6:00 p.m. Yoga Light – Michelle</p>	<p>22 9:00 a.m. Barre - Ryann 10:30 a.m. Hatha - Ryann</p>	<p>23 10:30 a.m. Gentle - Hayden 1:00 p.m. Yin Yoga - Ryann</p>	
<p>24 CLOSED</p>	<p>25 - CLOSED </p>	<p>26 10:30 -11:45 a.m. Yoga - Beverly</p>	<p>27 10:30 a.m. Gentle - Ryann 6:00 p.m. Beginner's - Susan</p>	<p>28 10:30 a.m. Yoga - Beverly 6:00 p.m. Yoga Light – Michelle</p>	<p>29 10:30 a.m. Hatha - Ryann</p>	<p>30 10:30 a.m. Gentle -Hayden 1:00 p.m. Yin Yoga - Ryann</p>	
<p>31 CLOSED</p>	<p>JANUARY 1, 2018 CLOSED HAPPY NEW YEAR!</p>	<p>JANUARY 2 10:30 -11:45 a.m. Yoga - Alex</p>	<p>*Yoga Flow+-75 minutes. * Sangha - a community of friends practicing together.</p>				<p>\$5.00 walk-in rate for week-end classes!</p>



Classes start at scheduled time & door is locked for safety.